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ALIQUOTS CAFÉ			Monday	Tuesday	Wednesday	Thursday	Friday
Mon - Fri							
7:30am – 11:15am 2:30pm – 5:00pm		Sandwich	Egg, Turkey Bacon, Cheddar Cheese on Croissant	Egg, Cheddar Cheese, Chicken Sausage on Thin Wheat Bagel	Egg, Ham, Swiss Cheese on Brioche Bun	Egg, Bacon, American Cheese on Croissant	Egg, Swiss Cheese, Chicken Sausage on Brioche Bun
ELEMENTS: Lunch: 11:15 - 2:00 Snacks: 11:15 - 2:30 ALIQUOTS: Breakfast: 7:30 - 11:15			¥Egg White, Swiss Cheese, Mushrooms, Onion, Kale on Wrap	¥Egg White, Yellow Cheddar on Brioche Bun	VEgg White, Pepper Jack Cheese, Kale, Tomato, Onion on Croissant	¥Egg White, Yellow Cheddar on Thin Wheat Bagel	VEgg White, Pepper Jack Cheese, Black Beans, Tomato, Cilantro, Red Onion on Wrap
Snacks: 2:30 – 5:00	BREAKFAST	Hot Buffet	 ✓ Fried Eggs, Plant-Based Chorizo, Tomato, Peppers, Onions & Peas ▲ V Scrambled Eggs ▲ V Tater Tots Applewood Smoked Bacon ▲ W Roasted Broccoli Florets, Herb Oil 	 ✓ Ranch-Style Eggs, Black Beans, Tomato, Cilantro, Scallions, Cheddar ▲ ✓ Scrambled Eggs ✓ Potato, Quinoa, White Cheddar & Spinach Hash Chicken & Apple Sausage ▲ ② Sauteed Green Beans, Cherry Tomatoes, Onions 	 ✓ French Toast ⊘Maple Syrup ✓ Whipped Cream ✓ Fruit Compote ✓ Scrambled Eggs ✓ Home Fries Kielbasa ✓ Sauteed Kale, Peppers, Onion 	 ✓ Shakshuka: Eggs, Tomato & Feta ▲ Y Scrambled Eggs W Hash Brown Patties Pork Sausage ▲ W Roasted Brussels Sprouts, Shallots 	 ✓ Waffle Fridays ✓ Whipped Cream ✓ Fresh Berries ✓ Fruit Compote ✓ Caramelized Banana ✓ Nutella ✓ Maple Syrup
		Oatmeal	مtmeal الله المحافظ ا				



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Order Ahead thrive

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Menus are subject to change due to seasonality and availability. Before placing your order, please inform your server if a person in your party has a food allergy. Better-For-You Option
 Vegetarian
 Vegan